

# Stratégia vyliečenia myelómu

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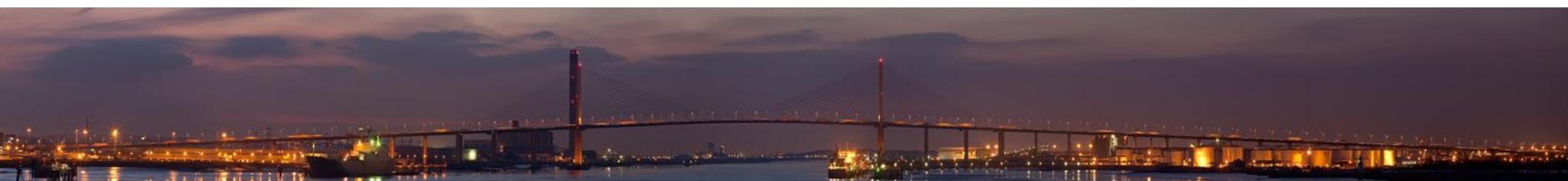
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*Škola myelómu 9. september 2017*



# Čestné prehlásenie

*Pri tejto prednáške nevznikol žiadny  
konflikt záujmov*

# OBSAH

**2002 Becca Levy, Miami**

**2010 Sigurdur Y Kristinsson, Island**

**2011 Victoria Mateos a San Miguel, Navarra**

**2013 Roberto J. Pessoa-Magalhães., Salamanca**

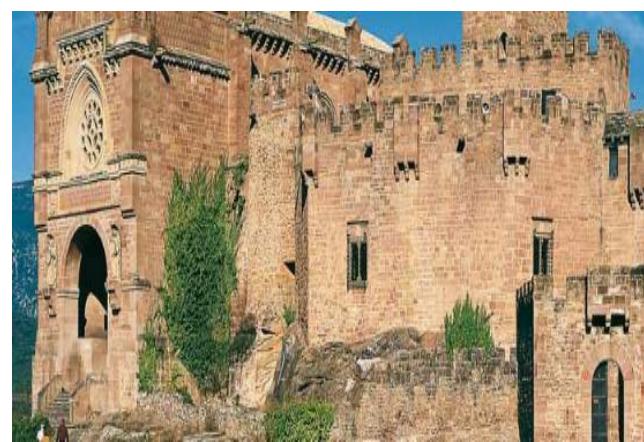
**2014 Bart Barlogie, Arkansas**

**2015 Jakub Krejčí, Amsterdam**

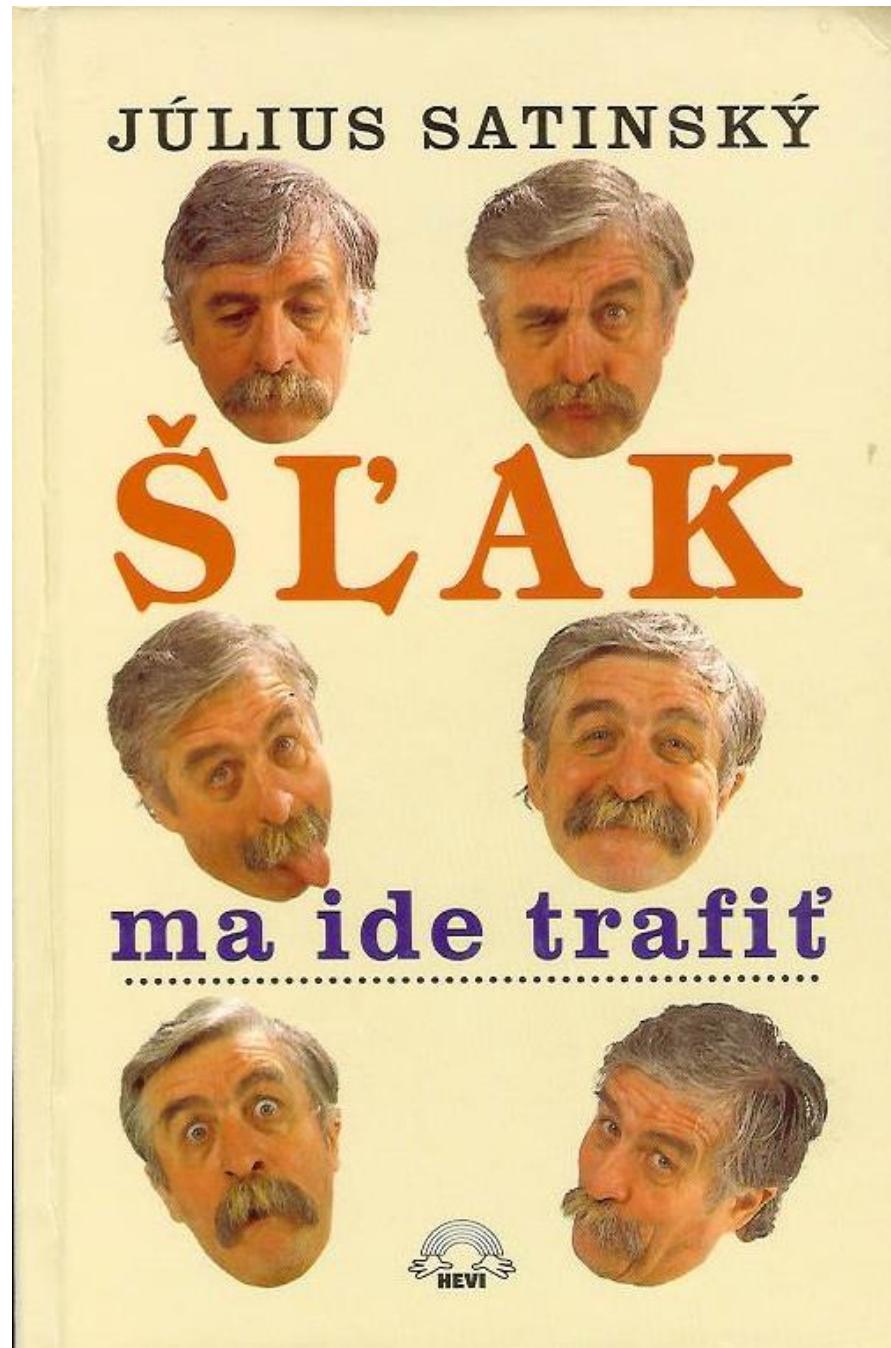
**2016 Bruno Paiva, Navarra**

**2016 Roumen Bezergianov, Arizona**

**2017 Karthik Ramasamy, Oxford**



**Šľak ma ide trafiť...z vyliečenia myelómu**





## ATTITUDES AND SOCIAL COGNITION

# Longevity Increased by Positive Self-Perceptions of Aging

Becca R. Levy and Martin D. Slade  
Yale University

Suzanne R. Kunkel  
Miami University

Stanislav V. Kasl  
Yale University

This research found that older individuals with more positive self-perceptions of aging, measured up to 23 years earlier, lived 7.5 years longer than those with less positive self-perceptions of aging. This advantage remained after age, gender, socioeconomic status, loneliness, and functional health were included as covariates. It was also found that this effect is partially mediated by will to live. The sample consisted of 660 individuals aged 50 and older who participated in a community-based survey, the Ohio Longitudinal Study of Aging and Retirement (OLSAR). By matching the OLSAR to mortality data



**Original Investigation**

# The Role of Diagnosis and Clinical Follow-up of Monoclonal Gammopathy of Undetermined Significance on Survival in Multiple Myeloma

Elin Edda Sigurdardottir, BS; Ingemar Turesson, MD, PhD; Sigrun Helga Lund, PhD; Ebba K. Lindqvist, MD; Sham Mailankody, MD; Neha Korde, MD; Magnus Björkholm, MD, PhD; Ola Landgren, MD, PhD; Sigurdur Y. Kristinsson, MD, PhD

**IMPORTANCE** Multiple myeloma (MM) is consistently preceded by the precursor state, monoclonal gammopathy of undetermined significance (MGUS). The average annual risk of progression from MGUS to multiple myeloma is 0.5% to 1.0%. Current guidelines suggest life-long clinical follow-up of individuals diagnosed as having MGUS depending on risk stratification. The impact of diagnosing and conducting clinical follow-up of MGUS on MM survival is unclear.

**OBJECTIVE** To estimate the impact of prior knowledge of MGUS diagnosis and comorbidities on MM survival.

◀ Invited Commentary page 174

+ Supplemental content at  
[jamaoncology.com](http://jamaoncology.com)



## Can multiple myeloma become a curable disease?

Jesús F. San-Miguel and María-Victoria Mateos

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E-mail: [sanmigiz@usal.es](mailto:sanmigiz@usal.es) or [mvmateos@usal.es](mailto:mvmateos@usal.es) doi:10.3324/haematol.2011.051169

For decades, multiple myeloma (MM) has been considered a disease of the elderly, with few therapeutic options apart from alkylators and corticosteroids. The treatment goal was disease control, with response rates of 50%, with occasional complete responses (CRs) and median survival of 2-3 years.<sup>1</sup> In fact, a cure was considered unattainable. It is possible that this state of affairs, which has lasted for more than 30 years, is the reason why the myeloma community has developed a rather conservative outlook.

The introduction of high-dose therapy followed by autologous stem cell support (HDT/ASCT) produced

three important changes in the myeloma landscape: i) CR in 15-30% of patients; ii) the possibility of long treatment-free periods with excellent quality of life (QoL); and iii) prolongation of survival by one year.<sup>2</sup> Nevertheless, the greatest change has occurred in the last decade with the discovery of novel agents such as immunomodulatory drugs (thalidomide and lenalidomide) and proteasome inhibitors (bortezomib). These have contributed to doubling survival in myeloma patients as compared to the 1990s when only chemotherapy was used.<sup>3,4</sup>

Despite the fact that, until recently, MM was considered incurable, the introduction of HDT and novel drugs has



## Analysis of the immune system of multiple myeloma patients achieving long-term disease control by multidimensional flow cytometry

Roberto J. Pessoa de Magalhães,<sup>1,2</sup> María-Belén Vidriales,<sup>1,3</sup> Bruno Paiva,<sup>1,3</sup> Carlos Fernandez-Gimenez,<sup>4</sup> Ramón García-Sanz,<sup>1,3</sup> Maria-Victoria Mateos,<sup>1,3</sup> Norma C. Gutierrez,<sup>1,3</sup> Quentin Lecrevisse,<sup>4</sup> Juan F Blanco,<sup>1</sup> Jose Hernández,<sup>5</sup> Natalia de las Heras,<sup>6</sup> Joaquin Martinez-Lopez,<sup>7</sup> Monica Roig,<sup>8</sup> Elaine Sobral Costa,<sup>8</sup> Enrique M. Ocio,<sup>1,3</sup> Martin Perez-Andres,<sup>4</sup> Angelo Maiolino,<sup>2</sup> Marcio Nucci,<sup>2</sup> Javier De La Rubia,<sup>9</sup> Juan-Jose Lahuerta,<sup>7</sup> Jesús F. San-Miguel,<sup>1,3</sup> and Alberto Orfao<sup>4</sup> on behalf the Spanish Myeloma Group (GEM) and Grupo Castellano-Leones de Gammapatias Monoclonales, cooperative study groups

<sup>1</sup>Hospital Universitario de Salamanca, Salamanca, Spain; <sup>2</sup>Serviço de Hematologia, Universidade Federal do Rio de Janeiro, Rio de Janeiro, Brazil; <sup>3</sup>Instituto de Investigación Biomédica de Salamanca (IBSAL), Salamanca, Spain; <sup>4</sup>Centro de Investigación del Cáncer (CIC, IBMCC USAL-CSIC); Servicio General de Citometría, Universidad de Salamanca, Salamanca, Spain; <sup>5</sup>Hospital General de Segovia, Segovia, Spain; <sup>6</sup>Complejo Hospitalario de León, Leon, Spain; <sup>7</sup>Hospital 12 de Octubre, Madrid, Spain; <sup>8</sup>Serviço de Hematologia Pediátrica - IPPMG, Universidade Federal do Rio de Janeiro, Rio de Janeiro, Brazil, and <sup>9</sup>Hospital Universitário La Fe, Valencia, Spain

### ABSTRACT



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## Perspectives

# Curing myeloma at last: defining criteria and providing the evidence

Bart Barlogie,<sup>1</sup> Alan Mitchell,<sup>2</sup> Frits van Rhee,<sup>1</sup> Joshua Epstein,<sup>1</sup> Gareth J. Morgan,<sup>1</sup> and John Crowley<sup>2</sup>

<sup>1</sup>Myeloma Institute for Research and Therapy, University of Arkansas for Medical Sciences, Little Rock, AR; and <sup>2</sup>Cancer Research And Biostatistics, Seattle, WA

Does the dogma that multiple myeloma is incurable still hold?. The genomic chaos and resulting resistance to apoptosis of myeloma, long considered an obstacle to cure, formed the basis of Total Therapy (TT) program. The TT approach uses all myeloma-active drugs upfront to target drug-resistant subclones during initial treatment to prevent later relapse. Long-term follow-up of 1202 patients (TT1: n = 231, median follow-up: 21 years; TT2: 668, median follow-up:

12 years; TT3a: n = 303, median follow-up: 9 years) permitted investigation of whether progression-free survival (PFS) and complete response (CR) duration were consistent with curability, ie observation of plateaus in Kaplan-Meier plots for PFS and CR duration. In the subset of 627 patients with plasma cell gene expression profiling data, cure plateaus were apparent at 5 years in the 14% with high-risk myeloma compared with 10 years in the remainder with low-risk

disease. A parametric model based on PFS and CR duration supported an increase in curability: 10-year PFS and CR estimates increased from 8.8%/17.9% in TT1 to 15.5%/28.2% in TT2's control arm to 25.1%/35.6% in TT2's thalidomide arm and to 32.9%/48.8% in TT3a. Toward developing novel therapies, we recommend a concerted focus on patients with high-risk myeloma whose outcome has not been advanced. (*Blood*. 2014;124(20):3043-3051)



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**Blood First Edition Paper, prepublished online May 24, 2016; DOI 10.1182/blood-2015-12-687749**

## Daratumumab Depletes CD38<sup>+</sup> Immune-regulatory Cells, Promotes T-cell Expansion, and Skews T-cell Repertoire in Multiple Myeloma

### SHORT TITLE: Effects of Daratumumab on Immune-regulatory Cells

Jakub Krejcik, MD\*<sup>1,2</sup>; Tineke Casneuf, PhD\*<sup>3</sup>; Inger S. Nijhof, MD<sup>1</sup>; Bie Verbist, PhD<sup>3</sup>; Jaime Bald, BS<sup>4</sup>; Torben Plesner, MD<sup>2</sup>; Khaja Syed, MS<sup>4</sup>; Kevin Liu, PhD<sup>5</sup>; Niels W.C.J. van de Donk, MD<sup>1</sup>; Brendan M. Weiss, MD<sup>6</sup>; Tahamtan Ahmadi, MD<sup>4</sup>; Henk M. Lokhorst, MD<sup>1</sup>; Tuna Mutis, MD\*\*<sup>1</sup>; and A. Kate Sasser, PhD\*\*<sup>4</sup>

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<sup>6</sup>Division of Hematology-Oncology, Department of Medicine, Abramson Cancer Center and Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA



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## Regular Article



### CLINICAL TRIALS AND OBSERVATIONS

## Minimal residual disease monitoring and immune profiling in multiple myeloma in elderly patients

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ROUMEN BEZERGIANOV

# ŠACH ROZVÍJA OSOBNOST'



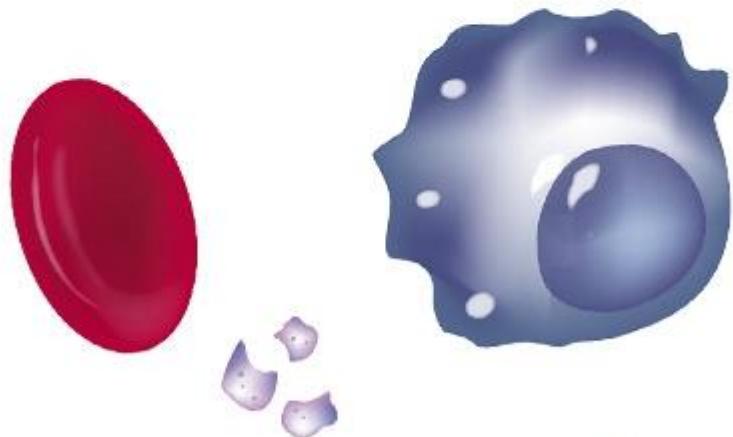


# Fast Facts

For patients and their supporters

## Myeloma

Cancer of the immune system  
Edited by leading hematologist Dr Karthik Ramasamy



A. White  
Plasma cells are a type of red or white blood cell?

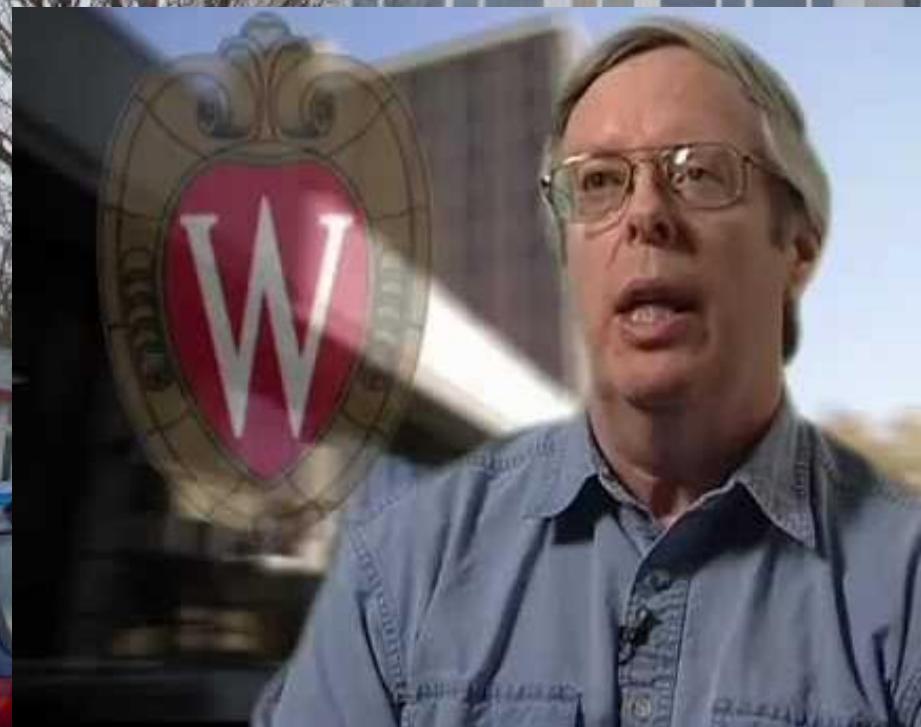


# POZVÁNKA

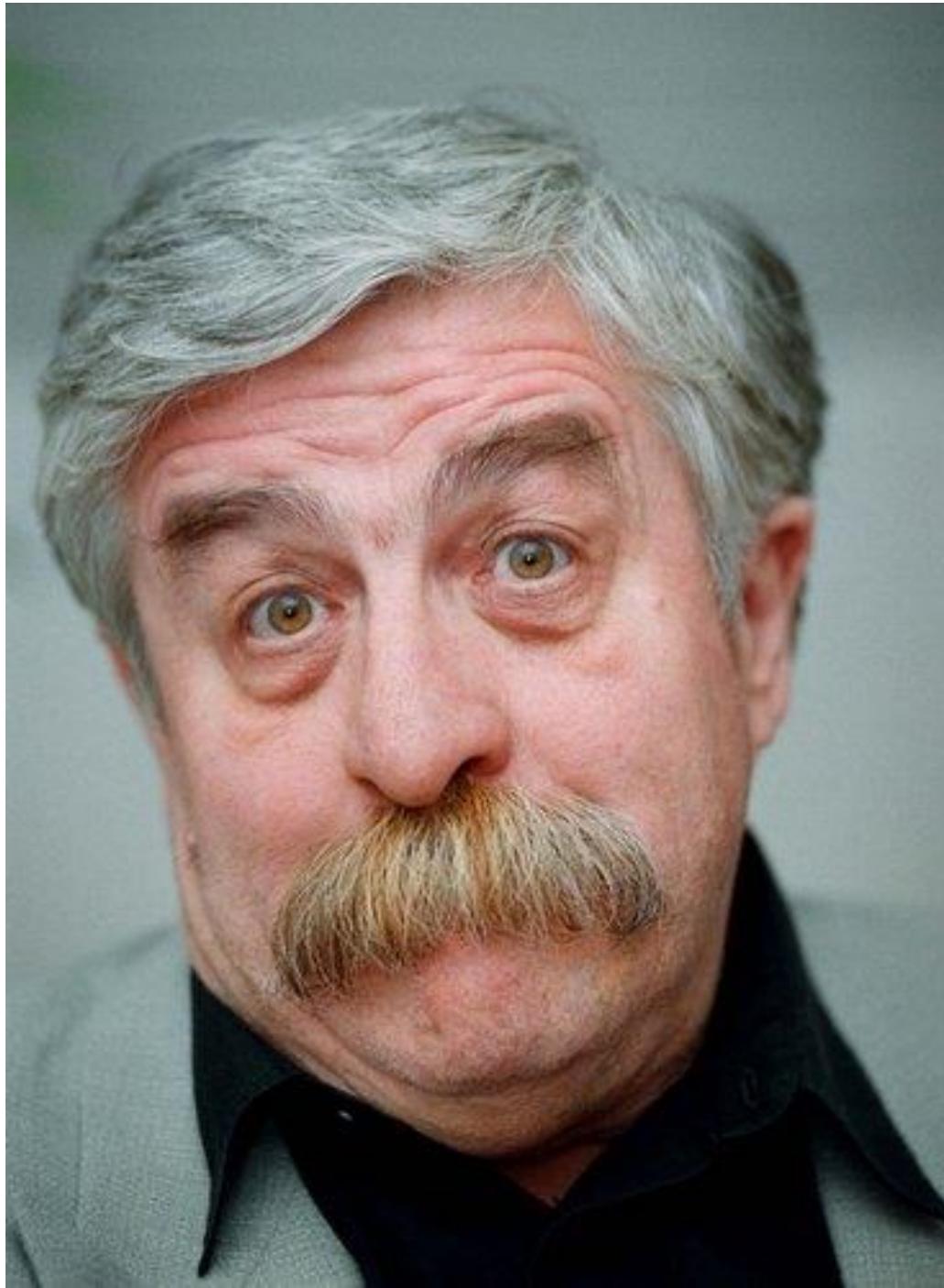
Ústav experimentálnej onkологии, BMC  
SAV, Bratislava

Lekárska fakulta UK, Bratislava

International Forgiveness Institute,  
University of Wisconsin-Madison



# Šľak ma ide trafilť...z vyliečenia myelómu





# Ďakujem

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